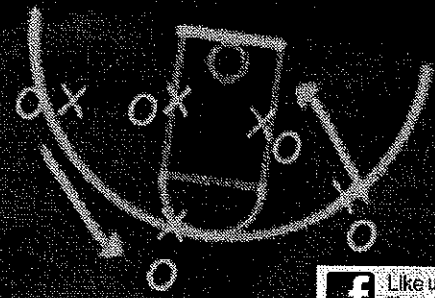


F.A.S.T.

athletics

fitness • agility • skills • teamwork



Clara Barton Elementary School Presents F.A.S.T. Athletics After School Programs

Dodge Ball: The most intense and exciting program you have ever seen. The students will learn how to work together, strategize and exercise without even knowing it! There are tons of creative and competitive dodgeball games incorporated into this program – there will never be a dull moment!!! Gatorskin dodgeballs will be used which are proven to be the safest dodgeballs out there! Safety rules and regulations will be enforced before each class.

Super Sports: Get up, get going, get active with a F.A.S.T. Athletics Super Sports Program. F.A.S.T. Athletics will offer a variety of sports each week such as: Soccer, Basketball, Flag Football, Dodge ball, and Kickball. Programs will include proper stretching and warm-up games as well as learning basic skills of each sport, each class will end with a high energy game with the sport played that day.

Program 1: Dodge Ball Dates: Wednesdays Jan 23, 30, Feb 6, 13, 27 Class meets for 5 sessions Grades: 2-4 Location: Gym Price: \$63 Time: 3:15-4:15	Program 2: Super Sports Dates: Fridays Jan 25, Feb 1, 8, 15, Mar 1 Class meets for 5 sessions Grades: 2-4 Location: Gym Price: \$63 Time: 3:15-4:15
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****SIGN-UP TODAY, CLASS SIZES ARE LIMITED, REGISTRATION DEADLINE IS FRIDAY Jan 18th!****

APPLICATION

Child's Name _____ Age _____ Grade _____ Teacher _____
Address _____ Program Number _____
City _____ ST _____ Zip _____
Email _____
Home Phone _____ Emergency Phone _____

CONSENT AND RELEASE

I the undersigned parent/guardian of _____, a minor, do hereby consent to my child's participation in any and all F.A.S.T. Athletics Programs. I also agree to forever release F.A.S.T. Athletics from any and all claims, rights of action that may have arisen in the past, or may arise in the future, directly or indirectly, from personal injuries to my child or property damage resulting from my child's participation in F.A.S.T. Athletics programs. I further affirm that I have read this CONSENT AND RELEASE FORM and that I understand the contents of this form. I understand that my child's participation in these programs is voluntary and that my child and I are free to choose not to participate in F.A.S.T. Athletics programs with full knowledge that the release will not be liable to anyone for personal injuries and property damage my child or I may suffer in F.A.S.T. Athletics Programs

Please Sign _____

Please return all registrations with check to home room teacher, checks payable to Clara Barton Elementary School